



MARY WOODWARD MAKE HEALTHY HAPPEN SCHOOL FUNDRAISER

The Fun Starts May 2nd

We are so excited to share this Fundraising Opportunity with our community! We found a wonderful way to earn money for our school, help our families be healthier together, and... NO SELLING necessary! How exciting is that? This May, You're invited to join the Mary Woodward Make Healthy Happen School Fundraiser led by Meltdown Challenge. **Have fun, get fit, and Win Fun Prizes!** Join over 200,000 who have successfully completed the Challenge. Change your health and your school for the better.



MAKING OUR COMMUNITY AND FAMILIES HEALTHIER

Here's how it works. Make and meet these 2 Goals.

- Adult Weight Goal (**Lose 3% or Maintain your weight**)
- Participation Points Goal

It's that simple. Visit the challenge site daily to learn helpful, inspiring tips that will help you hit your goals. Our interactive and engaging activities will help you have fun while learning new, healthy habits.

Great news! No awkward photos and you don't even have to use your real name or photo if you don't want to. Play as yourself or pick a super hero as your alias!

Grow the Challenge.

You're ready to make a change. This is big! Here's how to make the Meltdown Challenge even more powerful. **Once you've joined, you can reach out to your friends and family and invite them to join the Challenge.** They gain better health, and your school fundraiser continues to grow exponentially. More health, more fundraising. Let's make this happen.

Step it up for 4 weeks! and improve your health before summer hits! Each day you will learn something new that improves your health. Over the 4 weeks you'll have access to new recipe ideas, tips for helping your family stay active together, and encouragement to help get your

Health for You. Health for Them.

Our goal is to donate **600 or more meals** to feed the hungry.

2 meals are donated for every person that joins the challenge.



MAKING HEALTHIER HAPPEN AT MARY WOODWARD SCHOOL

We are excited to be the first school in our area to get to utilize this fundraiser and it's refreshing approach to raising money for our school! \$15 of every entry fee goes directly to Mary Woodward whether you hit your goal or not. Of course we WANT you to hit your goal and to ensure your success you will have complimentary support from our own Challenge Health Coach.



Join the Mary Woodward Make Healthy Happen School Fundraiser - *Starting May 2nd*

Ante is \$20.00 (not including service fee)

CLICK HERE TO JOIN

or use the link:
<http://bit.ly/HealthyFundraiser>

For more information contact: **Michelle DeFabio** myhealthcoachdefabio@gmail.com